

2019 Kingston Winter Training Festival

- New Location for 2019 - Holiday Inn Kingston Waterfront! - 10+ hours of training with Masters of Martial Arts in two days, February 16 & 17. Choose your sessions to fill your Martial Arts weekend with fun and learning. Many instructors are bilingual. With Female Master Instructors teaching at every session!

Come in out of the cold and join your friends at an all-in-one location, with Swimming Pool, Hot Tub, Sauna, and Restaurant on-site. Train all day, then dance 'till Midnight!

Saturday Afternoon Seminars: (Subject to change) Age 9+

Bow-in: 11:00 am

Session 1 - 11:15-12:00 pm:

- Goju-Ryu Karate: Hanshi Chris DiLiberto
- Weapons of Okinawa: Kyoshi Mike Sywyk
- Brazilian Jiu-Jitsu: Sensei Keller Guimaraes
- Shaolin Kung-Fu: Sifu Sam Crabtree (*Youth Suggestion*)
- Yoseishin Karate: Kyoshi Louise Chevalier
- Iaido: Hanshi Robert Davis & Shihan Benoit LaFrance (Running All 5 Sessions)

Session 2 - 12:15-1:00 pm:

- Shotokan Karate: Kyoshi Sylvain Berthiaume
- Weapons of Okinawa: Sensei Mike Saliccolli
- Jiu-Jitsu: Renshi Jonathan Morissette
- Shaolin Kung-Fu: Sifu Kyle Cochrane
- Kempo: Renshi Dgina Girouard (*Youth Suggestion*)
- Iaido: Hanshi Robert Davis & Shihan Benoit LaFrance

Session 3 - 1:15-2:00 pm:

- Yoseishin Karate: Renshi Steve Dorion (*Youth Suggestion*)
- Weapons of Okinawa: Renshi Laura Sywyk
- No Gi MMA: Jon Marconi
- Goju-Ryu Karate: Hanshi Ken Tallack
- Iaido: Hanshi Robert Davis & Shihan Benoit LaFrance

Session 4 - 2:15-3:00 pm:

- Karate: World Champion Renshi Ryan Shields (*Youth Suggestion*)
- Weapons of Okinawa: Renshi Charles DiLiberto
- Karate Bunkai: Renshi Julie Demontigny
- Hung Gar Kung-Fu: Sifu Robin Young
- Iaido: Hanshi Robert Davis & Shihan Benoit LaFrance

Session 5 - 3:15-4:00 pm:

- Goju-Ryu Karate: Renshi Mike Broekhoven
- Weapons of Okinawa: Renshi Melanie Loxton & Sensei Dominique Picard (*Youth Suggestion*)
- Kickboxing: Hanshi Alex Atkinson
- Kenpo: Sensei Scott Southwell
- Iaido: Hanshi Robert Davis & Shihan Benoit LaFrance

Closing Ceremony - 4 pm.

Saturday Evening Banquet: *(Formal Dress Please)*

6:00-7:00 pm - Cocktails

7:00-9:00 pm - Dinner, Awards Banquet, and Demonstrations

9:00-Midnight - Dance Party

- Doors open at 6 pm for cocktails, with Buffet Dinner served at 7:00. - Back this year is the Formal Awards Ceremony, recognizing some of our outstanding instructors and students. Fun and lively demonstrations by some of the most talented practitioners anywhere to entertain and amuse. Dancing and socializing from 9 to Midnight. Come and support your group as we mix and mingle!

Sunday Morning Seminars: (Subject to change) Age 9+

9:00-9:30 am - Warm-up

9:30 am - Bow in

Session 6 - 9:30-10:15 am:

- Goju-Ryu Karate: Renshi Robert McFee & Renshi Achille LeFort
- Weapons of Okinawa: Hanshi Ken Tallack
- Kickboxing: Hanshi Alex Atkinson
- Hung Gar Kung-Fu: Sifu Robin Young
- Karate Kumite: Renshi Laura & Kyoshi Mike Sywyk (*Youth Suggestion*)
- Iaido: Kyoshi Martin Ricketts & Hanshi Robert Davis (Running All 3 Sessions)

Session 7 - 10:30-11:15 am:

- Martial Arts Health: Renshi Dennis Butler
- Shinbu-Ryu Karate: Hanshi Jean-Noel Blanchette
- Weapons of Okinawa: Renshi Melanie Loxton & Sensei Dominique Picard
- Goju-Ryu Karate: Renshi Laurie Winter
- Yoseishin Karate: Sensei Patrice Lamarche (*Youth Suggestion*)
- Iaido Tameshigiri: Kyoshi Martin Ricketts (**Additional Fee Applies**)

Session 8 - 11:30-12:15 pm:

- Kenpo: Renshi Jonathan Morissette & Dgina Girouard (*Youth Suggestion*)
- Weapons of Okinawa: Hanshi Chris & Renshi Charles DiLiberto
- Shotokan Karate: Kyoshi Sylvain Berthiaume & Renshi Julie Demontigny
- Shaolin Kung-Fu: Sifu Sam Crabtree & Sifu Kyle Cochrane
- Yoseishin Karate: Kyoshi Louise Chevalier & Renshi Steve Dorion
- Iaido: Kyoshi Martin Ricketts & Hanshi Robert Davis

12:15 - 12:45 pm - Lunch Break

Sunday Afternoon Event:

1:00-3:00 pm

Dai Nippon Butoku Kai Members & Invited Guests Only

- Dojo Demonstrations.
 - Rank and Title Applications.
 - Formal Presentations of Ranks and Titles previously earned.
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Fees:

- Saturday Afternoon Training Only: \$65.00 (Plus HST)
- Saturday Evening Awards Banquet, Dinner, & Dance: \$75.00 (Plus HST)
- Sunday Morning Training Only: \$50.00 (Plus HST)
- Sunday Afternoon DNBK Session Only: \$65.00 (Plus HST)

-or-

- ****Pre-Registration Weekend Package: \$199 (Plus HST) – Save over \$60!!****

Pre-Register by January 17th to Receive discounted rates and a FREE T-Shirt!

All registrations after January 17th are subject to less of a discount on event rates. \$225 (Plus HST)

Limited number of seminar spaces available, register early to get a better discount and reserve your spots for some wonderful seminars! Cannot guarantee all seminar spaces will be available after the deadline.

We hope that you can join us, and I look forward to seeing you all in Kingston at our **new location of the Holiday Inn Kingston Waterfront** this upcoming February!

- Renshi Kyle Cochrane - **Tallack Martial Arts**