



# TALLACK MARTIAL ARTS

Home of Tallack's Karate Kids Program

2777 Princess Street  
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www.kingstonkarate.com



## Beginner Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						4 - 5 Year Old 10:00 - 10:30
12:00 to 1:00		Adult Karate		Adult Karate		
						6 - 8 Year Old 10:45 - 11:15
4:00 to 4:30	4 - 5 Year Old 6 - 8 Year Old	4 - 5 Year Old 6 - 8 Year Old	4 - 5 Year Old 6 - 8 Year Old	4 - 5 Year Old 6 - 8 Year Old		
4:30 to 5:00	4 - 5 Year Old	9 - 12 Year Old	4 - 5 Year Old	9 - 12 Year Old		9 - 12 Year Old 11:30 - 12:00
5:30 to 6:00	6 - 8 Year Old	6 - 8 Year Old	6 - 8 Year Old	6 - 8 Year Old		
6:30 to 7:00	9 - 12 Year Old	4-5 Year Old	9 - 12 Year Old	4-5 Year Old		Teen/ Adult Karate 12:45 - 1:45
7:15 to 8:15	Teen Karate	Kung-Fu	Teen Karate	Kung-Fu		
7:15 to 8:15	Adult Karate		Adult Karate			